

# **Your WaR-IQ Assessor** (part)

**ASSESSING YOUR PERSONAL WAR-IQ QUOTIENT  
YOUR WAR-IQ**





## Your WaR-IQ Assessor (part)

Produced  
by

Kinematic Pty. Ltd.

E-mail : [leigh@kinematic.com.au](mailto:leigh@kinematic.com.au)

Internet : <http://www.kinematic.com.au>

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**You are welcome to share this with others.**



## The War-IQ test is easy!

The next few four pages consist of statements to which you need to say HOW MUCH you agree within a range of possible responses from Strongly Agreeing to Strongly Disagreeing.

A Statement appears in the top left hand corner of the questionnaire, the conclusion of the statement appears in the boxes below. Read each statement completely on its own and tick the box which BEST describes your level of agreement with the complete statement.

When you complete the assessment, add up the ticks in each column and multiply by the score value of that column. For example, ticks in the **Strongly Disagree** column are worth negative 2 (this means you will subtract two points from the total score) and ticks in the **Strongly Agree** column are worth two (2) points. This scoring process will give you a total score for that aspect of the WAR-IQ. At the bottom of the questionnaire there is a place to put your scores.

Take the score from each questionnaire and plot them on the WaR-IQ Diamond. NOTE: HIGHEST SCORES ARE AT THE CENTRE AND LOWER SCORES ARE ON THE OUTSIDE.

**Remember, this is only part of the WaR-IQ and is no substitute for professional advice nor more detailed analysis.**

With respect to taking action, for advice you can contact

Dr. Leigh Kibby on

email [leigh@kinematic.com.au](mailto:leigh@kinematic.com.au)

Dr. Kibby's work is also available at:

<http://www.kinematic.com.au>



## Will Power

Statement	1	2	3	4	5
<b>Most of the time, I....</b>	Strongly Agree	Agree	You neither agree nor disagree	Disagree	Strongly Disagree
Break through obstacles to achieve goals					
Do not succumb to distractions when I have made commitments no matter how small those commitments may seem					
Believe failure is not an option					
Stick to the rules by which I choose to live my life					
Will not be deflected from a course of action					
Push people aside if they are blockages					
<b>Total Number of ticks in each column</b>	x2 =	x 1 =		x 1 =	x 2 =

Score : (Total of first two columns) \_\_\_\_\_  
 SUBTRACT  
 (Total of last two columns) \_\_\_\_\_ = \_\_\_\_\_  
 Meaning Score



## Will Energy

Statement	1	2	3	4	5
	Strongly Agree	Agree	You neither agree nor disagree	Disagree	Strongly Disagree
<b>In terms of goals, the activities where I spend most of my thinking time and activity are ....</b>					
Goal achievement					
Planning strategies to achieve goals					
Remembering my commitments					
Checking my plans					
Battle plans for winning arguments or disagreements with others					
How to keep others on task					
<b>Total Number of ticks in each column</b>	x2 =	x 1 =		x 1 =	x 2 =

Score : (Total of first two columns) \_\_\_\_\_  
 SUBTRACT  
 (Total of last two columns) \_\_\_\_\_ = \_\_\_\_\_  
Purpose Score



## Resilience - Faith

Statement	1 Strongly Agree	2 Agree	3 You neither agree nor disagree	4 Disagree	5 Strongly Disagree
<b>When faced with problems I .....</b>					
Have absolute faith in my ability to achieve					
Never give up					
Do not doubt I will succeed					
Remain confident					
Keep getting up if knocked down					
Get on with things					
<b>Total Number of ticks in each column</b>	x2 =	x 1 =		x 1 =	x 2 =

Score : (Total of first two columns) \_\_\_\_\_  
 SUBTRACT  
 (Total of last two columns) \_\_\_\_\_ = \_\_\_\_\_  
Destiny Score



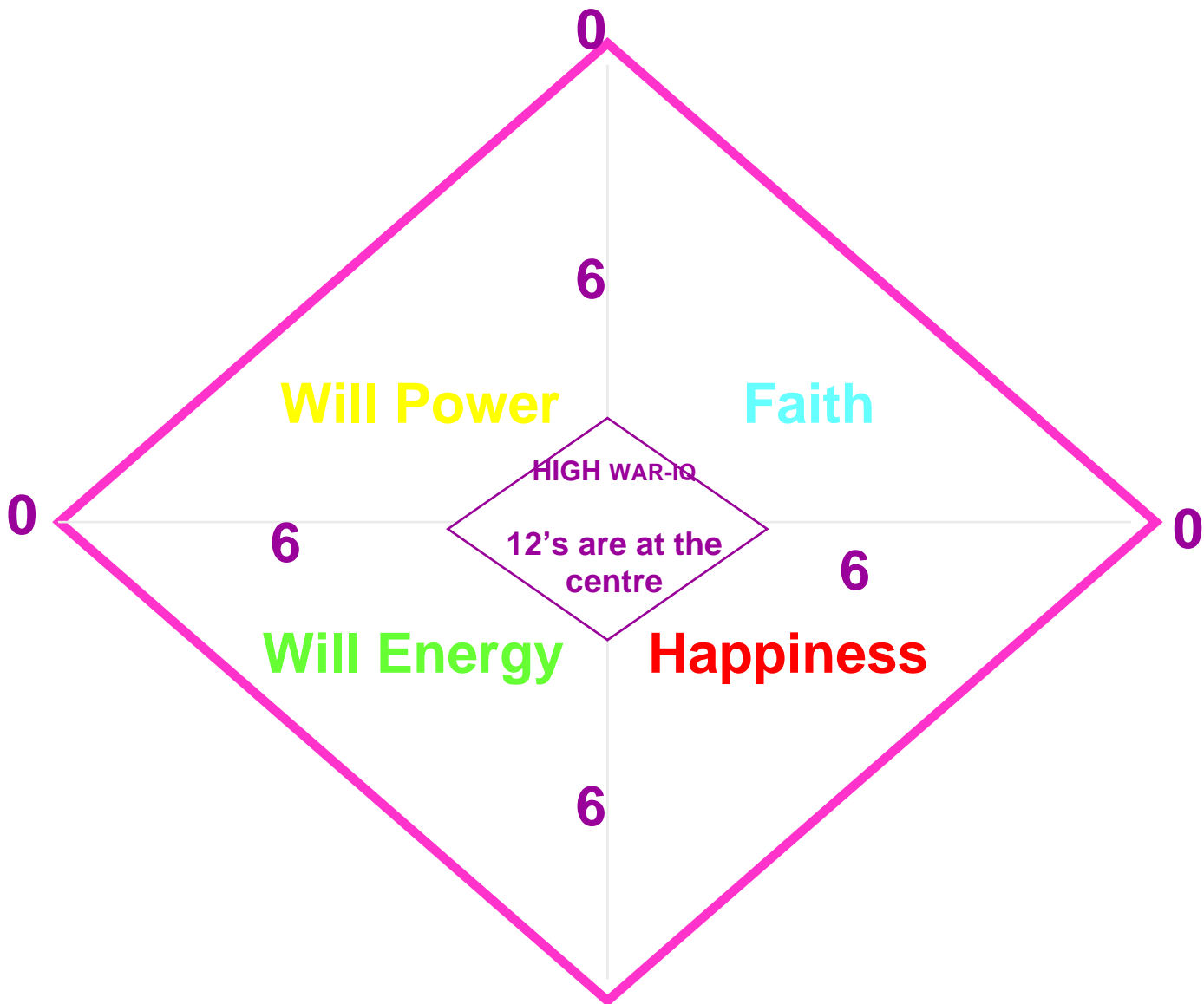
### Resilience – Happiness

Statement	1	2	3	4	5
When faced with problems I .....	Strongly Agree	Agree	You neither agree nor disagree	Disagree	Strongly Disagree
Remain happy					
Think positively					
Smile					
Look for the best					
Avoid negative thoughts					
Count my achievements and wins					
<b>Total Number of ticks in each column</b>	x2 =	x 1 =		x 1 =	x 2 =

Score : (Total of first two columns) \_\_\_\_\_  
 SUBTRACT  
 (Total of last two columns) \_\_\_\_\_ = \_\_\_\_\_  
 Self-sacrifice Score



Now, plot your results on the WaR-IQ Diamond below and see where you fits based on your perceptions of yourself.



**WHAT TO DO NOW????**

For guidance and consider getting professional help go to <http://www.kinematic.com.au>