

The 9th Precept

“When Life has Meaning EVERYTHING Matters More” – Dr. Leigh Kibby



Chapter One

T9P

Table of Contents

Publisher	3
Introduction	4
Chapter One	5
About the Author	8

T9P

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Introduction

This is the story of the 9th precept also known as the hidden precept.

The hidden precept predates the crusades and the Christos Chronicles (see book with tis same title), those mystic writings that were protected so closely by the Knights Templar.

The first eight precepts were akin to doctrines that the Knights templar used as their guides to enlightenment. It was believed that following the precepts would enable discovery of the Holy Grail and that the 9th precept preceded the discovery of the Grail itself.

According to legend, the 9th precept was never found and remained lost. I was prepared to believe this until I met John, Leander-John to be precise. Through Leander-John, L.J as I began to know him, I undertook the most amazing journey of my life, something like "Illusions" and "The Cellestine Prophecy" rolled into one. In this journey, I discovered the 9th precept. This book is the story of that discovery.

It all started, of course, well before I knew that it had begun. There I was, travelling the Geelong to Melbourne freeway in my 13 year old Nissan pulsar. The pulsar was a nice "old bomb" but its regular services could not hide its age nor its limited capabilities. In a sprint, I felt confident it would beat a slow moving emu. Otherwise, its ride was slightly less than suburban, not too pretentious but not too hopeful of anything better either.

I was moving with traffic hoping to maintain a steady 100 kilometers per hour. The engine potted, the radio squelched and I pondered the meaning of distance, life and freeways none of which had any end in sight. "What," I thought to myself, "is the meaning of life?" How little I knew that this one simple question unleashed a host of angels disguised as errant circumstances and unusual people willing to help me find an answer. It was then that I saw the truck and the collision of destinies that awaited me.

Off to my left, entering the freeway at a precipitous speed, was a semi-trailer carrying one enormous concrete cylinder. It looked likely the truck would overturn. Looks were not deceiving and I watched in fascination as the truck and payload titled sideways and began to roll over at what must have been more than 100 kilometers per hour.

As suggested by the movies, time does slow down as catastrophe heads your way. Fortunately, my sedate speed meant the careening truck would pass me by and deliver its load unceremoniously and with nary a concern onto a Porsche 911 and 60 year old Austin. Both were ambling down the freeway in front of me and in the direct path of the runaway truck.

The appearance of an Austin A30, the favourite car of my childhood and a romantic notion of my mature years, did not seem strange to me. I simply noticed that these two cars were in dire trouble. I wondered what the occupants were thinking as their future seemed about to end any moment.

With a puff of smoke and a roar of turbocharged grunt, the Porsche 911 jumped into life leaving rubber and the semi well behind. That left the old Austin A30.

At about the same time as the Porsche sprinted ahead, the driver of the A30 waved to me as if to say all was and then it too leapt away surging in front of the Porsche. I slammed to a stop dumfounded!

The truck rolled over in front of me spilling its load across the road and onto the median strip narrowly missing all the cars. I was left trapped in a chaotic net of cars which had likewise squealed to a halt.

I sat and stared, wondering what I had just seen. How could it be possible? A, 60 year old car with a small engine racing past the latest in automotive technology?

As the traffic gingerly crept past the overturned truck, I potted along the road wondering.

Some time after I arrived at my inner city car park, later than usual and searching for a free space that appeared somewhat miraculously next to the same Austin A 30 I had seen on the freeway. Coincidences are often explainable and 99% of them are simply circumstances working out in the way of the fates. As a spy, I had been told to suspect coincidence as the cause of events more often than conspiracy. However, this coincidence was more than my commonsense or coincidence theory could explain away.

I got out of my car and looked closely at the A 30. It was in mint condition and appeared to have just come off the production line. Even the leather seats, so prone to wear and aging, looked new. The body of the car showed no tell-tale signs of rust, body filler nor panel beating. Either this was the best preservation job ever or this car had been locked away since being made.

I peered in at the odometer. It showed 95,000 miles which was clearly impossible. The old car could not have seen more than 1,000 miles nor 30 days in the sunlight.

Muttering to myself, and swearing that I would meet the owner, I noticed a note under the windscreen wiper. "I'd like to meet you too. See you at 5.15pm," it said in a neat but not flowery hand.

My hackles rose and I shivered with a little more than fear as I stood frozen. How could the note answer a question I had just asked? What would 5.15pm deliver? Who was the mysterious driver and why such a car?

My watch chimed a fifteen minute warning for my next appointment. My reverie broken I hurried away, feeling an uneasiness in the pit of my stomach. Little did I know the uneasiness was physical, emotional, intellectual and spiritual and a sign of the journey of a lifetime. I was about to enter into a world best described as ... Well, in fact it was nothing like anything I had encountered before. It was all I had known with no surface changes but deeper than I had ever before experienced.

This is the story of that journey.

As I walked off to my next consulting assignment with “Dangerous Denise”, my client’s most feared manager and leader of one of the most dysfunctional service teams I had met, I could not anticipate how my inner world would be mirrored by my outer. I could not foresee how my time with Denise, a woman spare in body, mind and most virtues that make one human being attractive to another, would reveal to me my journey to the 9th precept.

The discovery of the 9th precept, hitherto unknown and unfound, revealed to me a complex mix of passion, purpose and people run by universal principles that govern all our lives. When we live in ignorance of these principles, pandemonium reigns. Yet, when we live by the precepts that explain the principles, we gain greater control by utilizing the universal laws of life governance in dimensions both mystical and mundane revealing the heart of god through the mind and loves of mankind.

Now walk with me as I share with you my story of discovery and what my 5.15pm meeting showed me and where my journey took me.

About the Author



Dr. Leigh Kibby

Dr. Kibby, known as “Dr. Leigh,” is one of the world’s truly innovative thought leaders having founded the Noetic Psychology movement and developed numerous new paradigms such as the Sustainability Triangle (Psychology-Sociology-Ecology), L.E.T. (Language-Emotion-Thought) framework, Affective-Cognitive Integration Model (the NEW Emotional Intelligence), “The Intelligence of Emotions” and Psychological Genome concept. He is also one of Australia’s leading trainers having taught Noetic techniques to over 2500 people including General Practitioners (Family Physicians), Police, teachers, youth workers and the corporate sector. Dr. Leigh has been published internationally and has presented at prestigious international conferences.

Leigh has also written two books of fables – Stories for Happiness – which are available from <http://www.kinematic.com.au>

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Graduate Diploma in Group Work and Counselling, 1988
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Bachelor of Education (English and Education), 1986
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Awards / Publications / Presentations

- Joint Winner of the Best Paper Award at the 2002 International Emotions In Organisations Conference.
- Two papers titled “Servant-leadership” and “Noetic Leadership” presented at the 2003 British Academy of Management Conference.
- Presented two papers titled “Servant-leadership Skills” and “Noetic Leadership Skills” at the 2004 Gallup Leadership Institute Conference.
- Co-author of “Intelligent Emotions Management” for the internationally released book “Key Issues in Organisational Communication”.