

Coaching Success Chess – Beginner's Rules

by Dr. Leigh Kibby



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Coaching Success Chess for Beginners

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This Booklet is FREE on the conditions that:

- **copyright and ownership of the intellectual property associated with the game is attributed to Dr. Leigh Kibby and**
- **the game is not used for commercial purposes, or commercial game, by any person(s) or parties, without the signed written approval of Dr. Leigh Kibby.**

Coaching Success Chess for Beginners

Introduction and Background

Playing Objective of the Beginner's Game

Object of the Game is to capture the "Spirit" of your client.

NOTE : Coaching Success Chess is played on a Chess Board.

The design of the **ADVANCED** version game board, and the rules for playing, can be purchased from Kinematic for AUS\$16.50* by emailing leigh@kinematic.com.au AND requesting the Advanced-Coaching Success Chess game board and rules.

* Price correct at the time of this publication.

Purpose of the Game

The purpose of the game is to have fun and learn how to build close and intimate Coaching Relationships and by understanding the things that block Coaching Success. The workshop version of Coaching Success Chess is designed to teach how to "self-coach" and coach others.

Kinematic's Business AND Personal Development Games

Coaching Success Chess is one of Kinematic's "SUCCESS CHESS" Games which also comes in:

LIFE SUCCESS

WEIGHT LOSS SUCCESS

CAREER SUCCESS

LEADERSHIP SUCCESS

SMALL BUSINESS SUCCESS

and

COACH for professional coaches to use with clients and

WORKSHOP for players to learn with others.

Other games provided by Kinematic and developed by Dr. Kibby include:

- Coaching Success Snakes and Ladders
- The Foresight Saga
- The Moral Dilemma
- The Destiny Game and
- Coaching Success Draughts.

To learn more about these Kinematic programs, or Accreditation in the use of Kinematic training programs for those who want to use these games for commercial purposes, visit the Kinematic website (<http://www.kinematic.com.au>). The following pages let you know more about Coaching Success Chess or you can contact:

Dr. Leigh Kibby

leigh@kinematic.com.au

Coaching Success Chess for Beginners

Playing the Beginner's Game

Introduction to Playing the Game

The following explanation tells you how to set-up the board and arrange basic moves for the "Play at Home" version of Coaching Success Chess involving two players/teams.

Step 1: Choosing your playing opponent

To get the most from the game, you need to play against someone who you want to learn how to coach.

You play the WHITE pieces and your opponent is your "client/coachee" and plays the black pieces.

Step 2: Building Your Capability

You build Coaching capability using the following guidelines.

Roll two dice. Multiply the number you get by \$ 100 000. This is how much money you have for building your capability.

With the money you have available, using the cost of pieces on page 6 (see below), select the pieces you want and place them on the Board in the same positions as for normal Chess.

Remember to mark Bishops, Knights and Rooks as either 1 OR 2 or use a label from the table on page 5.

Step 3: Your Alone Side

Your client builds his/her "learning edges" i.e. the things that stop your Coaching being successful with her/him, using the following guidelines.

Roll two dice. Multiply the number you get by \$ 200 000. This is how much money you have for building the "alone side."

With the money you have available, using the cost of pieces on page 7 (see below), select the pieces you want and place them on the Board in the same positions as for normal Chess.

Step 4: Playing the Game

Each Player takes turns to move their pieces as for normal Chess.

Pieces can be taken in the same way as for ordinary Chess.

Every time the BLACK player loses a “Coaching Connection” (CC– see below)” the Coach MUST explain how she/he will rebuild the connection by specific actions and behaviours the Coach will take.

Every time the WHITE player takes a piece, he/she must explain how to use the capability of that piece in his/her Coaching.

IT IS BEST TO PLAY WITH A SPECIFIC COACHING PURPOSE IN THE MIND OF THE COACH AND AN ISSUE IN THE MIND OF THE CLIENT/COACHEE.

The Objective of the Game

The idea is for the white player to win by capturing the Soul and discovering what capabilities are needed for Coaching Success.

Winning the Game

A player wins when she/he captures the opposition Soul - King.

Being MORE Successful

You can be more successful by being MORE CAPABLE – learn how by playing Advanced Coaching Success.

CUSTOMISED GAMES

You can have a game customised to your personal or group/family or professional needs. Customisation fees start at AUS \$250.00.*

Coaching Success Chess for Beginners

Your Coach Beginner's Game Pieces

Beginner's Pieces and Their Costs – White Player

| Name of Chess Piece | The Name of this piece in Coaching Success Chess Terms | Cost |
|----------------------------|---|-------------------|
| King | Soul | FREE |
| Queen | Experience and Wisdom | \$500 000 |
| Bishop – first | Compassion and Empathy | \$250 000 |
| Knight – first | Insight and Reflection | \$ 200 000 |
| Rook – first | Coaching Skills | \$300 000 |
| Bishop – second | Personal-Self Insight Focused | \$50 000 |
| Knight – second | Coaching Contract | \$ 100 000 |
| Rook – second | Solutions Focus | \$30 000 |
| Pawns | Coaching Connection | FREE |

Coaching Success Chess for Beginners

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Coaching Success Chess for Beginners

Your Coach Beginner's Game Pieces and Their Moves

Pieces and Their Moves

| Name of Piece | Movement |
|--------------------------------------|---|
| Soul | Same as for King in normal Chess |
| Experience and Wisdom | Same as for Queen in normal Chess |
| Compassion and Empathy | Same as for Bishop on white squares in normal Chess |
| Insight and Reflection | Same as for Knight in normal Chess |
| Coaching Skills | Same as for Rook in normal Chess |
| Personal-Self Insight Focused | Same as for Bishop in normal Chess but only 4 squares in any direction diagonally |
| Coaching Contract | Same as for Knight in normal Chess but only a 1x1 L shape in any direction |
| Solutions Focus | Same as for Rook in normal Chess but only 4 squares in any direction except laterally |
| Coaching Connection | Same as for Pawns in normal Chess |

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Coaching Success Chess for Beginners

Your Coachees Beginner's Game Pieces

Coachees Beginner's Pieces and Their Costs – Black Player

| Name of Chess Piece | The Name of this piece in Coaching Success Chess Terms | Cost |
|----------------------------|---|-------------------|
| King | Soul | FREE |
| Queen | Fear | \$500 000 |
| Bishop – first | Personal Emptiness / Sadness | \$250 000 |
| Knight – first | Confusion | \$ 200 000 |
| Rook – first | Low Confidence | \$300 000 |
| Bishop – second | Distrust | \$50 000 |
| Knight – second | Uncertainty | \$ 100 000 |
| Rook – second | Goal Avoidance | \$30 000 |
| Pawns | Discouragements and Losses | FREE |

Coaching Success Chess for Beginners

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Coaching Success Chess for Beginners

Your ALONE SIDE Beginner's Pieces

Pieces and Their Moves

| Name of Piece | Movement |
|-------------------------------------|---|
| Soul | Same as for King in normal Chess |
| Fear | Same as for Queen in normal Chess |
| Personal Emptiness / Sadness | Same as for Bishop on white squares in normal Chess |
| Confusion | Same as for Knight in normal Chess |
| Low Confidence | Same as for Rook in normal Chess |
| Distrust | Same as for Bishop in normal Chess but only 4 squares in any direction diagonally |
| Uncertainty | Same as for Knight in normal Chess but only a 1x1 L shape in any direction |
| Goal Avoidance | Same as for Rook in normal Chess but only 4 squares in any direction except laterally |
| Discouragements and Losses | Same as for Pawns in normal Chess |

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Coaching Success Chess for Beginners

SC for Beginners Creator: Dr. Leigh Kibby

Dr. Kibby, known as “Dr. Leigh,” is one of the world’s truly creative geniuses having:

- founded the Noetic Psychology movement
- developed numerous new paradigms such as:
 - the Sustainability Triangle (Psychology-Sociology-Ecology),
 - L.E.T. (Language-Emotion-Thought) framework,
 - Affective-Cognitive Integration Model (the NEW Emotional Intelligence),
 - “The Intelligence of Emotions” and
 - Psychological Genome concept.

He is also of one of Australia’s leading trainers having taught Noetic techniques to over 2500 people including General Practitioners (Family Physicians), Police, teachers, youth workers and the Coaching Success sector.

Dr. Leigh also devised some of the most Coaching Successful development programs for the unemployed - Empower Plan and Making the Change. His Paradigm Shift seminar has been described by senior executives as the most personally profound and professionally uplifting programs they have attended in their entire careers.

Other Games by Dr. Kibby include:

- Take- 2
- The Destiny Game
- Spellcheck
- The Money Game
- Snap PLUS.