

Advanced Learning

The Noetic Approach

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The following slides provide an understanding of:

- 1. Emotions;**
 - 2. Thoughts; and**
 - 3. Values and Ethics**
- in the learning situation.**



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The information appearing in the following is based on internationally recognized research and techniques proven in thousands of situations involving learning and development.



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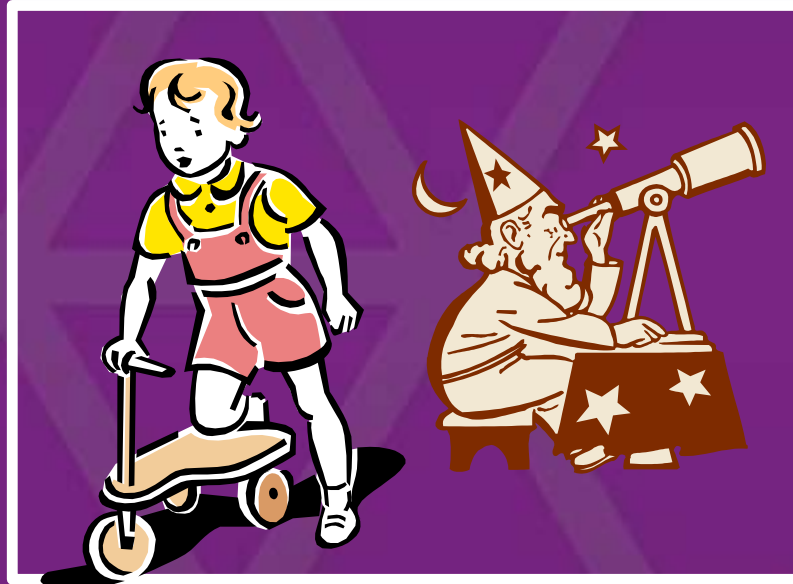


People exist in a world that has borders defined by their emotions (affect), thought (cognition-intelligence) and ethics (values).



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Most learning involves developing the skills to explore “your” world as it currently exists or to give you greater knowledge or skills in that world.

Some learning involves understanding the world better.



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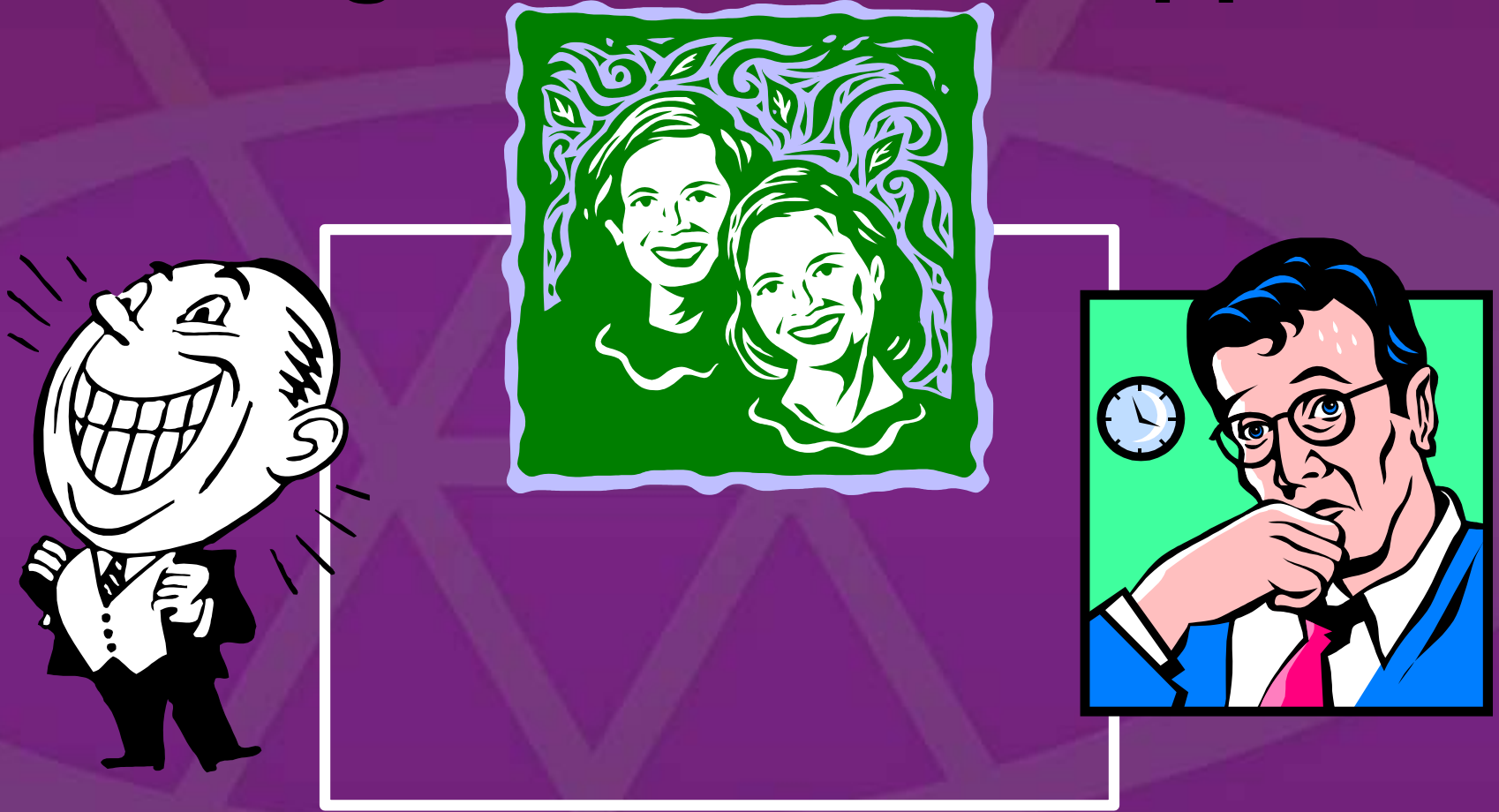
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Noetic learning creates the possibility of moving outside the boundaries that are familiar and moving into a larger world of greater possibilities.



Learning – The Noetic Approach



Crossing the boundary into a new world can elate, please or frighten.



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When emotions run high, thinking can be impeded.

Yet,

“Reason without affect would be impotent, affect without reason would be blind .” (Tomkins, 1962).

Therefore, in a learning situation, if you want to help people live in a larger world of greater possibilities for themselves and others, the key is to help people manage their emotions and thoughts to facilitate their steps into the new world!



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Values are the crucial “enablers” of change.

Resilience, coping and happiness are facilitated through values. Hence, values will help new learning take place.

“Change-agility”, “emotional-agility©”, “perceptual-adroitness©” and “self-noeticism©” are facilitated through values.



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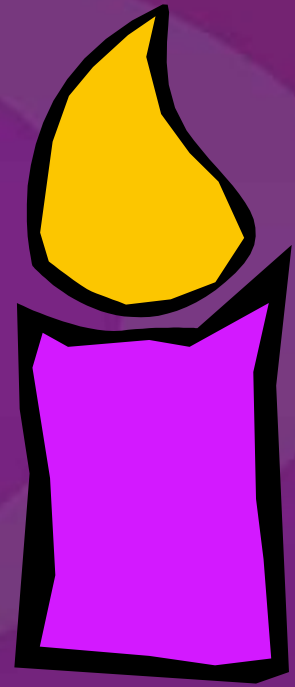
Noetics works with values so that new skills and knowledge become a part of a persons new way of being!

**Noetics is an approach for integrating
Affect, (emotion-feelings) ;
Cognition (thought-intelligence); and
Values.**



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Emotions + Thought + Values =

Learning :
New Ideas
New Skills
New You



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For advanced learning in high demand situations where new ideas are to be confronted, adopt a Noetic approach.

A Noetic approach means designing a program that acknowledges affect, works with cognition and integrates affect and cognition through values.



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In summary, Noetic learning:

1. **Is based on the affective-cognitive model of psychology;**
2. **Is based on the Language-Emotion-Thought model of the psychology of affect and cognition;**
3. **Involve ethics and values which is unique to learning and training models; and**
4. **Noetic techniques involve verbal and non-verbal language skills.**



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Conclusion

In conclusion, three key elements are at play in advanced learning situations:

Managing emotions;

Facilitating thought; and

Assisting with values-driven behaviour.

All the above can be achieved using structured approaches based on Noetic techniques and strategies.



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I trust this material has helped explain the key points to consider in running advanced learning and development programs involving exploring new ideas and ways of being.

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