

“I believe”

The Belief Statements of Human Noetics





**Hello, My Name is Dr. Leigh Kibby.
and I am the founder of: Noetic Psychology –the
science of rediscovering our full humanity!**

Many of the human sciences have failed to help us address our fundamental needs as human beings because they will not address spirituality. The word spirituality also frightens some people because it is wrongly equated with the politics of religion.

Noetic Psychology creates a new paradigm that embraces our Physical, Emotional, Intellectual and Spiritual selves. By doing so, Noetic psychology crosses the borders between work, community, family and spirit so that all elements of our lives can achieve balance. In many ways, it is the ultimate tool for Work-Life Balance and a powerful enabler in personal relationships, self-understanding and professional rapport building at an individual and organisational level.



Noetic Psychology (NP) focuses on creating meaning and purpose through values and values driven behaviour and so is an approach to people that helps build social capital (community and corporate) and citizenship (community, corporate and world) .

The psychology of Human Noetics is a proven and powerful tool for leaders, communities, managers and organisations. It is also a core tool for counsellors, mediators, HR professionals, educators and training & development professionals.

The technical tools of Noetics are also known as Neuro-Empathic Programming (NEP), Affective-Cognitive Integration (ACI) and Logothoric Counselling.

Underneath the tools are a series of beliefs and its these that I want to share with you in this presentation.

The beliefs of NP build the foundation for the technical tools of NP, and it is these beliefs that I want to share with you in these slides.



These are the beliefs by which I try to live. As such, they have become statements of my intentions and best endeavors at home, at work and in the community. They emphasize the values we can try to live by and the beliefs that we can try to follow.

We may fail in our altruistic intents, for we are only human, but we can try. I ask you, as I ask myself, to forgive our failure, celebrate our success and support one another's best efforts.

We may not share the same words nor the same expression. We may not share the same religion, culture nor creed. But, we can share the same hope; share the same love and hope for our world and all its creations, creatures great and small and peoples of all lands and cultures.

If we share the same intent, the same desire for peace and harmony, then we can join together in the creation of a new world. Share these words - share these beliefs and hopes - and let us come together as one in love, respect and the belief in our fundamental goodness.



I believe

- **Human worth is not to be judged by power nor by wealth**
- **Neither money nor position are the measures of a life or the gifts that it has brought**
- **Dignity can be found in failure as well as in success**
- **Strength can be found in both the struggle and the achievement**
- **Nobility is the province of all and is not held solely by the rulers nor is it strange to the ruled**
- **Humility is not weakness nor is pride always false**
- **Forgiveness is an act of love**
- **Justice and mercy are born of compassion**
- **Peace and understanding cannot be found in cruelty**
- **Truth requires strength**
- **Hope is an act of faith**
- **Great deeds are the result of small endeavours**
- **True love is neither fragile nor false**
- **Deeds are the heralds of our hearts and our hopes**



I believe

- **There will be a time when we can look at all strangers and see a friend rather than a foe**
- **The leaders of the world will some day walk in the shadows of the servant**
- **One day, love for humanity will be common amongst all the world's people**
- **Each of us is unique and special with intrinsic worth, personal talents and special gifts**
- **Life is an opportunity to meet one another with warmth, truth and hope**
- **Life is an opportunity to use our gifts and skills for the benefit of all**
- **All of us have inherent worth and value**
- **It is our duty to create a world in which our individual gifts can be shared and given freely and openly**
- **There will be a time and a place when all peoples can come together to speak of love and not of fear, when our thoughts and words *Will* turn to deeds of grandeur and greatness rather than of wars and famine**



I believe

- We can ignite the fire of justice and the flame of truth within the hearts and minds of all people
- Individuals can and should rise up to proclaim their gifts - they can claim their dreams and stand side by side with one another to link their arms, join their spirits and share their efforts for the mutual realization of their dreams and hopes
- We can all learn to enjoy the greatness of one another and hail the deeds of our human family
- We have a duty to inspire one another and we can approach each day with a sense of purpose, dedication and fun
- Forgiveness is an act of love which we can learn to give to each other and receive for ourselves
- Faith is born of hope
- Acts of faith are inspired by dreams and visions and that we should not let those dreams remain dormant and unfulfilled in the hearts of ourselves nor our neighbours
- Our duty is to instill within all people the principles of justice, equity, compassion, understanding, joy and mercy



I believe

- Our future lies within our hearts and hopes rather than in our fears and doubts and that the first step towards this future - towards a day when the destiny of us all rests within our hopes for one another - is made today... NOW
- Our choices here and now create the future
- The choices we make today become the life we live tomorrow and that we have the power, the right and the duty to make choices which are born of love and respect for all the world and its creations and its people
- That destiny is the domain of us all and is not the province of the rich and powerful nor the hidden manipulators who encourage our fears and feed our failings toward achieving their own ends
- We all need to stand up for our dignity and our beauty and affirm the right for peace and the need for harmony
- In the dignity of all life, all creatures great and small deserve respect and that we are called to be stewards of a world and way of be-ing that we can pass onto future generations with the certainty that it will be in a fit and well state for those future generations to pass it onto their children's children



Yes, I have a dream - this is a dream and I am a dreamer. Yet, I know that our future is but a dream made real with the rising of the sun and the dawn of a new day. It is a future we hold in our hands - a future of our choice and our making. It will remain only a dream unless we dare to believe, unless we dare to be different, unless we dare to have hope and unless we are willing to strive towards a vision. We need to have the courage to face challenges, the willingness to welcome change and the confidence to embrace opportunities with open hands, awakened hearts and faith. We can believe, we can try and we can succeed for greatness is within all of us.

Nobility, dignity, beauty, joy and love are our birthrights which become real through belief and action. We must firstly dream, then we must dare to believe and finally we must act. The choice is yours, the time is now and tomorrow is created in the choices we make today.

I believe we can step forward boldly guided by love, live by truth and we only fail if we do not dare to believe!

I believe....do you?

